#### **Rocks and Minerals**

## Worksheet 1

Answer these questions.

- 1. How are igneous rocks formed?
- 2. How can we conserve natural resources?

3. What is slate commonly used for?

4. How are sedimentary rocks formed?

5. How are metamorphic rocks formed?

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

# 🛛 Worksheet 2 🛛

- A. Match the following.
- 1. basalt
- 2. limestone
- 3. quartzite
- 4. bauxite

- a. fossil fuel
- b. igneous rock
- c. ore
- d. sedimentary rock

5. petroleum

- e. metamorphic rock
- B. Give one use of each of the following.
- 1. Shale
- 2. Gneiss
- 3. Obsidian
- 4. Conglomerate
- 5. Pumice

Remarks: \_\_\_\_\_

#### Force and Energy

## Worksheet 1

A. Are these people pushing or pulling? Tick ( $\checkmark$ ) the correct box.



- 1. Work is done when a force is able to produce \_\_\_\_\_ in an object.
- 2. An object has \_\_\_\_\_\_ energy when it is in motion.
- 3. An object has potential energy when it is \_\_\_\_\_ position.
- 4. \_\_\_\_\_\_ energy is produced when different substances react with each other to form new substances.

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

<b>A.</b> 1.	Write T for true and F for false statements. The ability to do work is called energy.
2.	Force can change the shape and size of an object.
3.	Force cannot change the direction of a moving object.
4.	The Sun is a renewable source of energy.
5.	We can destroy and create energy.
B.	Define the following.
1.	Upthrust
2.	Wind energy
3.	Gravitational force

2

Teacher's Signature: \_\_\_\_\_

### Houses Around Us

## Worksheet 1

- A. Complete the crossword puzzle with the help of hints given below.
- This is used to warm the houses from inside during cold.
- These types of roofs are found on the houses built on stilts
- Wooden houses are found in regions that are more likely to experience this natural disaster.
- These types of houses need less money to be invested.
- This person is hired to plan the house as per your needs and requirements.



- B. Answer the following questions.
- 1. What are the factors on which the types of houses depend?
- 2. Why are houses in hilly areas made up of bamboo and wood?
- 3. Mention three things we should keep in mind after construction of houses.

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

- A. Fill in the blanks.
- 1. Places that have \_\_\_\_\_\_ climate have houses with flat roofs.
- 2. Places that experience \_\_\_\_\_\_ have wooden houses.

3. Huts are made up of bamboo and \_\_\_\_\_\_ leaves.

- A good house should have strong, damp-proof and \_\_\_\_\_\_ walls.
- 5. After construction of houses, \_\_\_\_\_ painting of the house is required.
- B. Write T for True of F for False.
- 1. Places that have hot and damp climate have houses with flat roofs.
- 2. Houses that are built on stilts have fireplaces inside them.
- 3. Big houses require less money to be invested.
- 4. The flooring of the houses should be smooth and levelled.
- 5. We should not maintain the house once it is constructed.
- 6. We should hire a doctor to plan the house.
- 7. The walls of the houses should be strong and damp-proof.
- 8. We should not decide the money for the house before its construction.

Remarks: \_\_\_\_\_

### Communicable and Non-communicable Diseases

## Worksheet 1

- A. Circle the correct answers.
- 1. Deficiency of vitamin C causes ( dengue / night blindness / scurvy ).
- Beriberi is a disease caused by the deficiency of (vitamin B / vitamin C / vitamin A).
- (Anaemia / Cancer / Diabetes) is caused by the deficiency of iron in our body.
- 4. Deficiency of ( iron / iodine / calcium ) in the body causes goitre.
- 5. (Cancer / Diabetes / Rickets) is an example of deficiency disease.
- 6. (Scarlet fever / Cholera / Influenza) spread through direct contact.
- B. Match the columns.

	NUTRIENT		DEFICIENCY DISEASE		SYMPTOMS OF DISEASE
1.	Vitamin A	a.	goitre	i.	joint pain
2.	Vitamin B	b.	night blindness	ii.	lump in front of neck
3.	Vitamin C	c.	rickets	iii.	patient cannot see in dim light
4.	Vitamin D	d.	scurvy	iv.	loss of sensation
5.	lodine	e.	beriberi	v.	pain in spine

Remarks: \_\_\_\_\_

- A. Write short answers.
- 1. What is a deficiency disease?
- 2. What are chronic diseases?
- 3. What are infectious diseases?
- 4. Which diseases are caused by consuming infected food and water?
- 5. Name three diseases that spread through insects.
- B. Answer these questions.
- 1. Write two ways to prevent communicable diseases.
- 2. Define vaccination. Mention three diseases for which vaccines are available.
- 3. Define pasteurisation.

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

### **Plants-Increasing the Numbers**

## Worksheet 1

A. Write T for True or F for False.

1.	Plants reproduce to form new plants of the
	similar kind.

- 2. Only seeds that get favourable conditions grow into new plants.
- 3. A seed has four basic parts.

4.	The dry fruits of peas explode that leads to its	
	seed dispersal.	

- 5. Plants, such as rose and sugarcane, develop from the stem cuttings.
- 6. Onion and ginger are the underground plants that grow buds present on them.
- 7. The leaves of carrots and sweet potatoes can develop into the young plants.
- 8. The roots of bryophyllum plant can develop into a new plant.
- B. Match the following.

1. Dandelion	a. Dispersed by water
2. Sunflower	b. Dispersed by wind
3. Coconut	c. Dispersed by explosion
4. Peas	d. Dispersed by animals

Remarks: \_\_\_\_\_

- A. Write one-word answers.
- 1. What is the outermost covering of the seed known as?
- 2. Which tissue provides nourishment to the young seedling?
- 3. What is the nutrition-providing part of the seed called?
- 4. What is the growth of a seed into a seedling known as?
- 5. Which part of bryophyllum develops into a new plant?
- B. Answer these questions.
- 1. What are the favourable conditions for a seed to germinate?
- 2. Why do plants need to disperse their seeds?
- 3. What features of the coconut and lotus seeds allow them to get dispersed by water?

Remarks: \_\_\_\_\_

- A. Circle the correct answers.
- 1. (Amoeba / Whale / Dolphin ) breathes through its body surface.
- A baby frog or a tadpole breathes through (air tubes / body surfaces / gills).
- 3. (Birds / Insects / Reptiles) breathe through spiracles present on their bodies.
- (Mammals / Earthworms / Amphibians) breathe through both their gills and lungs.
- 5. (Fishes / Flies / Lizards) have fins that enable them to swim.
- B. Identify the error and rewrite the statements.
- 1. Microscopic organisms breathe through spiracles.
- 2. Fishes have four paddle-like limbs that help push water in the backward direction.

- The hindlimbs of birds are present in the form of wings that help them fly
- 4. Earthworms breathe through their thin and oily skin.
- 5. Almost all mammals have two limbs.

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

- A. Write short answers.
- 1. Why do microscopic animals breathe?
- 2. What are aquatic animals? Give examples.
- 3. What is the difference in the way a tadpole and an adult frog breathe?
- 4. What are the hindlimbs of birds used for?
- B. Answer these questions.
- 1. Name any two animals found around you. Write one characteristic feature of movement in each animal.
- 2. How is the breathing process of an insect different from that of a fish?
- 3. Explain migration with the help of an example.

Teacher's Signature: \_\_\_\_\_

#### **Changes in Our Environment**

### Worksheet 1

- A. Answer these questions.
- 1. Write two factors that leads to an increase in the amount of carbon dioxide in the atmosphere.
- 2. How is methane produced?
- 3. Mention some serious problems that global warming creates.
- 4. Mention the contribution of water vapour towards the greenhouse effect.
- 5. Mention some ways to prevent global warming.
- 6. What is Kyoto Protocol and its objective?

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

A. Fill in the missing words to complete the paragraph.

A glasshouse used to grow plants, particularly during \_\_\_\_\_\_, is called greenhouse. In a greenhouse, the rays of the \_\_\_\_\_\_ enter through the glass and \_\_\_\_\_\_ the house from inside. The \_\_\_\_\_\_ of the greenhouse provide no room for the heat to escape out. Gases that prevent the escape of heat from our atmosphere are called \_\_\_\_\_\_ gases.

- B. Find the error(s) and rewrite the correct statement.
- 1. Deforestation leads to an increase in the amount of methane in the atmosphere.
- 2. A greenhouse is a metal house where we grow plants.
- 3. Methane absorbs the ultraviolet rays from the Sun.
- 4. The Kyoto Protocol is an agreement that is signed by 30 countries of the world.

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

### Soil Erosion and Conservation

## Worksheet 1

- A. Circle the correct answers.
- 1. The (soil / rock / sky) is the uppermost layer of the Earth.
- 2. Heavy rains often result in ( deforestation / overgrazing / flood ).
- 3. River Kosi caused havoc in (Bihar / Assam / Madhya Pradesh ) in 2008.
- 4. Human beings cause soil erosion by (flood / wind / deforestation).
- B. Fill in the blanks.
- 1. Natural forces, such as rain and wind, help in soil \_\_\_\_\_\_.
- 2. \_\_\_\_\_ washes away the top soil from hill slopes.
- 3. The \_\_\_\_\_\_ in Madhya Pradesh is an example where soil erosion occurs due to constant running water.
- 4. In dry and \_\_\_\_\_\_ regions, strong winds carry the top soil away with them.
- 5. Soil conservation is the \_\_\_\_\_\_ of soil against erosion.
- 6. Growing trees or \_\_\_\_\_\_ is a method to prevent the soil from being blown away.
- To prevent soil erosion, farmers grow cover crops, such as \_\_\_\_\_\_ and grasses.
- 8. To prevent the flooding of the fields, \_\_\_\_\_ are built along the rivers.

Remarks: \_\_\_\_\_

- A. Fill in the blanks.
- 1. (Artificial/Natural) forces like wind, rain and running water help in soil formation.
- 2. Roots of plants and trees (hold/destroy) the soil.
- 3. Ploughing of hill slopes and overgrazing causes soil (erosion/ conservation).
- To prevent overflowing of rivers, (steps/embankments) are built along the rivers.
- B. Give reasons for the following.
- 1. Farmers grow some cover crops to prevent soil on bare land.

2. Cutting down the hill slopes into steps or terraces prevent soil erosion.

3. Embankments are built along the rivers.

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

### Our Life Supports

# || Worksheet 1 ||

Choose the correct option.

1.	Air contains	the	at is essential for burning.	
	a. oxygen		b. nitrogen	$\bigcirc$
	c. water	$\Box$	d. dirt	$\bigcirc$
2.	Plants get	with	the help of bacteria in the soil.	
	a. carbon dioxide		b. nitrogen	$\bigcirc$
	c. oxygen	$\bigcirc$	d. water	$\bigcirc$
3.	Clean air consists of	nearly 78 per c	cent	
	a. ozone		b. helium	$\bigcirc$
	c. argon	$\Box$	d. nitrogen	$\bigcirc$
4.	Plants prepare their f	ood with the h	nelp of gas	
	a. oxygen		b. carbon dioxide	$\bigcirc$
	c. nitrogen	$\bigcirc$	d. helium	$\bigcirc$
5.	In	_, we separate	e impurities from water by using	J
	filter paper.	$\frown$		$\frown$
	a. boiling	$\bigcup$	b. filtration	$\bigcup$
	c. distillation		d. sedimentation	$\bigcirc$
6.	In	_, water mixed	d with impurities is heated till it	
	starts boiling.	$\frown$		$\frown$
	a. chlorination	$\bigcup$	b. sedimentation	$\bigcup$
	c. decantation		d. distillation	$\bigcirc$

Remarks: \_\_\_\_\_

# 🛛 Worksheet 2 🛛

Answer these questions.

1. Why should drinking water be purified?

2. How is water important for our survival?

3. What is distillation?

4. Describe the composition of air.

5. Write different gases present in air. Mention one use of each.

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

### Safety and First Aid

## Worksheet 1

- A. Tick ( $\checkmark$ ) the correct option.
- If you see a person falling down and getting hurt,
  a. ask him to get up fast.
  - b. ask him why he was careless.
  - c. help him to get up if he is in a position to do so.
- 2. In case a person's clothes catch fire,
  - **a**. ask him to run fast.
  - **b**. pour water on the body.
  - c. cover him with a blanket to cut off air supply.
- 3. A sprain is,
  - a. broken bone in the body
  - b. torn tissue around joint
  - c. small dust particle in the eye
- B. Write T for True or F for False.
- 1. Only a doctor can give first aid.
- 2. When your nose bleeds, blow it.
- To treat minor burns, a paste of baking soda and water can be used if antiseptic lotion is not available.
- 4. We should throw water on a petrol fire.
- 5. In case of a dog bite, wash the area with soap and water immediately.

Remarks: \_\_\_\_\_

# 🛛 Worksheet 2

Answer these questions.

1. What would you do in case of a minor burn?

2. What is a splint? What is its use?

- 3. What not to do in case of a fire caused by petrol?
- 4. Write first aid for chemical burns.
- 5. Write first aid for fractures.
- 6. Write first aid for snake bites.

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

#### All About Matter

## Worksheet 1

- A. Fill in the blanks.
- 1. In the process of \_\_\_\_\_\_, insoluble impurities are allowed to settle down at the bottom of the container.
- 2. In \_\_\_\_\_, insoluble impurities from water are removed with a filter.
- 3. Liquids that can dissolve in each other are called \_\_\_\_\_
- 4. The impurities that settle down at the bottom are called

5. Physical change indicate changes in the \_\_\_\_\_\_.

- B. Write T for true and F for false statements.
- 1. Solids such as sugar and salt are insoluble in water.
- 2. All liquids can dissolve in water.
- 3. Sand is insoluble in water.
- 4. The liquid in which a solvent dissolves is called a solute.
- 5. Soluble solutes settle down to form sediment.
- C. Write the difference between chemical and physical changes.

chemical changes	physical changes

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

Answer these questions.

1. Name the methods by which you can separate sand from water.

2. What are solutes and solvents?

3. What is a solution?

4. Explain the process of filtration with the help of a diagram.

2

Teacher's Signature: \_\_\_\_\_

### **Skeletal and Muscular Systems**

## Worksheet 1

- A. Circle the correct answers.
- A group of organs together make up ( an organ system / a tissue / a cell ).
- 2. The skull is made up of (8 / 22 / 14) bones.
- The backbone is made up of 33 small bones called ( bone marrows / ribs / vertebrae ).
- 4. There are (12 / 13 / 14) pairs of bow-shaped ribs which form a cage and enclose the heart and the lungs.
- B. Name the parts of the skeleton that protect these organs.
- 1. Brain
- 2. Spinal cord
- 3. Heart
- 4. Lungs
- C. Think and answer.
- 1. While travelling on a motorcycle, one must wear a helmet. Why?

2. What would happen if our backbone were made of one single long bone?

Teacher's Signature: \_\_\_\_\_

Some parts of the human skeletal system are incorrectly labelled. Label these parts correctly.



Remarks: \_\_\_\_\_

### Our Nervous System

# Worksheet 1

Α.	Write T for True or F for False.
1.	Our brain is protected by our backbone.
2.	body posture is controlled by the cerebrum.
3.	Reflex actions are controlled by our heart.
4.	The cerebellum coordinates the actions of the muscles and makes them work together.
5.	The motor nerves bring messages from the sense organs to the brain or the spinal cord.
B.	Fill in the blanks.
1.	The largest part of the brain is the
2.	The nerves that carry messages to the brain and from the brain are called nerves.
3.	Ears help us hear
4.	Nerves are
5.	protect ourselves from shocks and injuries.
C.	Complete the series.
1.	sensory nerves : message : : motor nerves :
2.	memory : cerebrum : : heartbeat :
3.	cerebellum : muscles : : cerebrum :

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

Answer these questions.

1. What are reflex actions?

2. How is our brain protected from injuries?

- 3. What does the nervous system consist of?
- 4. What are nerves?
- 5. Write the name of all three kinds of nerves.

6. Name the different parts of the brain. What work does each part do?

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

### The Earth's Satellite

### Worksheet 1

- A. Write T for True or F for False statement.
- 1. APPLE, INSAT-1B, INSAT-2A, INSAT-2B, IRS-1A and Oceansat are all Indian satellites.
- 2. Valentina Tereshkova of America was the first woman to go into space.
- 3. Communication satellites are a type of satellite.
- The American spacecraft Sputnik 1 was the first spacecraft to land on the moon.
- 5. Communication satellites can give us early warnings of weather.
- B. Circle the correct answers.
- 1. (Sputnik / AAPLE) is not an Indian satellite.
- 2. The satellites that send messages from one country to another are called (weather / communication) satellites.
- 3. Aryabhata, the first Indian satellite, was launched in (1974 / 1975).
- 4. (Major Yuri Gagarin / Neil Armstrong) is the first man in the world to go into space.
- C. Think about a spacecraft and write any four features you would like to have in your spacecraft in the blanks shown below.

1.	
0	
∠.	
3.	
4.	

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_

A. Tick ( $\checkmark$ ) the correct answer.

1.	The first artificial satellite	e launched l	by India in 1975 was	
	a. Sputnik I.	$\bigcirc$	b. Aryabhata.	$\bigcirc$
	c. Charaka.	$\Box$	d. INSAT.	$\bigcirc$
2.	A person who goes into	space is co	alled an	
	a. astronomer.	$\bigcirc$	b. astronaut.	$\bigcirc$
	c. astrologer.	$\bigcirc$	d. agriculturist.	$\bigcirc$
3.	Rakesh Sharma first wer	nt to space i	in	
	a. 1982.	$\bigcirc$	<b>b</b> . 1983.	$\bigcirc$
	c. 1984.	$\Box$	d. 1985.	$\bigcirc$
	4. He is the first man to g	go into spac	ce.	
	a. Michael Collins.	$\bigcirc$	b. Neil Armstrong.	$\bigcirc$
	c. Major Yuri Gagarin.	$\bigcirc$	d. Rakesh Sharma.	$\bigcirc$

B. Think and answer.

Make a list of things you would need to take on a trip to the moon.

2

Teacher's Signature: \_\_\_\_\_

### **Artificial Intelligence**

### Worksheet 1

A. Write the difference between Humanoids and Humans.

Humanoids	Humans

- B. Match the following.
- 1. Artificial intelligence
- 2. Self-driving cars
- 3. Humanoids
- 4. Smart speakers
- 5. Futuristic space travel

- i. for space tourism
- ii. voice activated speakers
- iii. move safely with little or human input
- iv. look and act like humans
- v. machines that think and act like humans
- C. Write some applications of Artificial inelligence that you use in your evereyday life.

Teacher's Signature: \_\_\_\_\_

# || Worksheet 2 ||

Answer the following questions.

1. What is Artificial intelligence?

2. What are humanoids?

3. What is futuristic space travel?

4. What are self-driving cars?

5. What are smart speakers?

Teacher's Signature: \_\_\_\_\_

Remarks: \_\_\_\_\_