



redefining holistic learning

nesta



Evs

# Contents

# EVS (Semester 1)

3
4
5
7
13
18
23
28
33
37
42
46

# Yearly Scheme of Work

Time Taken: 160 Periods (each period of 40 minutes duration)

Teaching Aids: Main Coursebook, Worksheets, Blackboard, Digital Assets, Coloured Sheets

Digital Assets: AnimationsAnimated ActivitieseBookDictionaryI ExplainInfographicSlideshowQuizVideoConcept MapWorksheetTest Generator

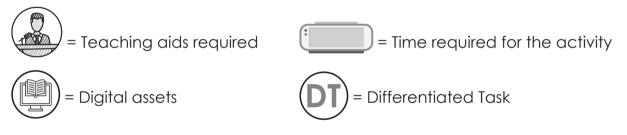
Class 1
Scheme of Lessons - Micro Schedule - EVS = 160 periods

Semester 1		
	Theme/ Lesson No. & Name	Suggested Allocation of Periods
Myself		
1.	My Body	10
My C	lothes	
2.	The Clothes We Wear	٩
My Fo	ood	
3.	We Need Food	٩
4.	We Need Air	٩
5.	We Need Water	8
My H	ouse	
6.	I Love My Family	٩
7.	Home, Sweet Home	٩
My So	chool	
8.	School is Fun	٩
٩.	Up in the Sky	٩

Semester 2	
Theme/ Lesson No. & Name	Suggested Allocation of Periods
Neighbourhood	
10. Places Around Us	٩

My Pl	ants	
11.	People at Work	8
12.	Let Us Celebrate	٩
My Pl	ants	
13.	The World of Plants	٩
14.	How is the Weather	٩
My Animals		
15.	The World of Animals	8
16.	Animals, Our Friends	٩
My Habits and Safety		
17.	Safety Habits	10
18.	Clean, Fit and Healthy	8

# Symbols used:



# **Classroom Management Tips**

#### Classroom is the playfield of great minds at work.

At the foundational stage, EVS is to be taught as a fun activity. The **Peaks series** brings EVS to the classroom as a friend to the young learners. You, the teacher, are the facilitator to enable learners explore their surroundings through structured activities. Few Classroom Management Tips are shared here to add to your expertise of teaching and make learning fun.

- As they say, 'If you fail to plan, you are planning to fail.' The first and foremost step is to plan before you start the class. **Micro Lesson Plans** or **MLPs** are here to empower you with the latest teaching material and methodologies.
- RULE OF THE GAME: Engage learners to frame rules of the class right in the beginning. Asking them and then formulating the rules for the class, helps in giving them a sense of partnership in learning process. It ensures better classroom management by the learners, for the learners.
- Change is the only constant. Seating arrangement should never be the same as it leads to boredom. Rearrange the seats or take the class out to explore the surroundings in sync with the topic to be taught to break the monotony and keep learners excited for learning. Effort must be made to expose the learners to experience and understand the phenomena of Nature through activities that are easy to conduct. Taking learners out to the animal farm or park or garden to touch plants, sow the seeds, etc can help in enhancing their understanding of the immediate environment. Besides, it helps in creating aware citizens of the future world.
- 'A noisy class is a vibrant class' means their excitement to answer should always be

encouraged. Avoid reprimanding learners for answering in chorus or saying out loud. Rather bodily gestures can be the rule of the class to follow. You may stand in one corner and keep the RED flashcard as the sign to stop and the GREEN one to answer. For your convenience, more strategies have been mentioned in the Lesson Plans.

- Beginning your class with a **Warm Up**, helps in organizing the class to a great extent. Remember, physically active learners are mentally alert, too.
- Introducing a topic through a **Hands-On Activity** is always a great idea as it gives learners a fair idea of what is to follow. Also, learning by doing is the most effective way of learning.
- Teacher's Handbook is an endeavour to make teaching more effective by listing the latest techniques and methodology. Effort is made to take the burden off your shoulders through these simple yet effective teaching strategies.
- The series clears the way for learning through vibrant illustrations, auditory clues and storyline.
  The use of drawings and visual aids for conceptual understanding (Pictorial) helps the learners grasp the concepts and develop skills with comfort and ease.

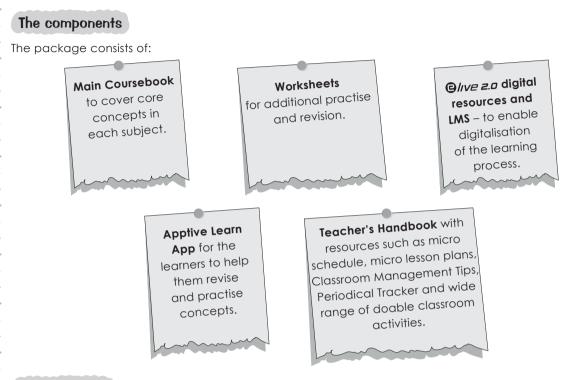
With these tips, you can also use flashcards, board games and puzzles to enlighten the learners and imbibe activity-oriented techniques that make EVS simple, easy and enjoyable.

Hope you would find it worth implementing in your class. Happy Teaching!

# Peaks

### Reach the Peaks of teaching

As a teacher, knowing the key concepts in making of the series would help you sail smooth throughout the academic year at the dawn of National Education Policy, 2020.



# The pedagogy

- Apart from comprehension questions, the series introduces competency-based questions with creative thinking, critical thinking, higher-order analytical skills along with an integration of ICT, Art, Project and Experiential learning activities.
- Throughout the series, life skills and values are covered in a subtle manner in the coursebooks.
- The tasks in the coursebooks are based on **multiple intelligence** to include all types of learners in the classroom i.e., **inclusive learning**.

# The Teacher's Handbook

The implementation of National Education Policy, (NEP) 2020, places teacher at the centre of the transactional processes to be carried out for Competency Based Education (CBE). With a clear perspective, wide range of activities and a structured approach to adopt competency-based learning (CBL) and competency-based assesment (CBA) or the Teacher's Handbook (THB) aims at facilitating learning with a modern perspective.

The Handbook consists of various resources for the teacher:

- Subject-specific tips for classroom management: It contains a comprehensive guide on how to make your classroom more interactive, engaging and activity-oriented with suggested norms for classroom management.
- Yearly Scheme of Work: A micro schedule with an allocation of periods for each lesson/topic brings clarity to the teacher in planning of scholastic and co-scholastic activities for the entire academic year.
- Micro Lesson Plans: Every chapter has multiple periods allocated to it. Micro lesson plan for each period of 40 minutes aids the teacher in planning and execution of competency-based transactional processes in the classroom.

6

The components include:

- Positive Affirmation for the teacher to enlighten, brighten and give a positive start to the day.
- Suggested **number of periods** to be dedicated by the teacher for coursebook activities, worksheets and digital learning resources.
- **Teaching aids** with the use of resources from the daily life and suggestions for making of learning aids by the class.
- Digital Assets for the chapter are enlisted for quick reference by the teacher.
- Learning Objectives clearly specify the competencies and skills to be developed in the learners through the chapter/unit.
- **Methodology** includes introduction to the class, the script of interaction between the teacher and the taught, and doable activity-based teaching methods.

Every activity in the micro lesson plan is marked with:

- MUST DO an activity that will help the learner understand the concept.
- SHOULD DO an activity that will help the learner extend and apply the concept.
- COULD DO an activity that will help the learner to revise.
- (ESTIMATED TIME) to conduct the activity is also suggested.
- 5 E's based activities:
  - **ENGAGE** activities to capture the learners' attention and access their prior knowledge.
  - **EXPLORE** activities to think and investigate the core concepts.
  - EXPLAIN activities to connect with previous experiences and apply knowledge to given situations.
  - ELABORATE activities to extend the concepts to new situations.
  - EVALUATE activities to review and assess what and how they have learnt it.
- Suggested Homework: Home tasks given here include observational tasks and preparation for the next class along with worksheets, to promote flipped classroom learning.
- Differentiated Tasks: A special set of activities for the active learners who want to know more and complete their tasks much ahead of their peers.
- Worksheets: Inculcate conceptual clarity with critical thinking, application-oriented and integrated approach in learners. These worksheets help the teacher facilitate learning in a graded manner.
- Starry Knights: Teaching can sometimes be exhaustive. To boost your morale, reward yourself with a quick self-assessment and a star sticker.
- Tricky Questions: Classroom situations can sometimes become tricky. A self-check on how to handle such classroom situations.

We hope you enjoy teaching *Peaks* as much as we have enjoyed making this magical series. It is close to our heart and may it become close to yours too!

Happy Teaching!

7