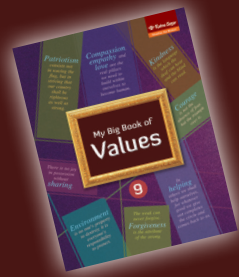


WORKSHEET 1

CHAPTER 1 – I, Me and Myself

My Big Book of
Values

9



Answer the following questions.

A. From your understanding of the lesson, identify the statements that are true.

1. One's identity is complex and multifaceted and cannot be defined as one entity. _____
2. We should focus on the ways people from diverse backgrounds are similar rather than different. _____
3. One should not mind stereotyping as one must learn to accept one's identity. _____
4. We should take the appreciation we receive on social media seriously. _____
5. Some aspects of our identities do not change as we grow older; others change as we learn different things and adopt different roles in our lives. _____
6. While our identities can change, we should retain our values that do us and others good. _____
7. Stereotyping is not always bad as there can be positive stereotypes too, for example, South Indians are good at Maths. _____

B. Tick (✓) the correct options. There can be more than one correct option.

1. In Act It Out! Shreya faces certain stereotypes. Which are they?
 - a. She wears big glasses, so she should be a nerd.
 - b. She would prefer music to cricket as she is a girl.
 - c. She cannot be interested in watching a cricket match.
 - d. She must be a funny girl.
2. What stereotypes does Tom have regarding Philip before he meets him?
 - a. Philip has a hunchback, so he couldn't be a pleasant companion.
 - b. Philip's father is a 'bad' man, so Philip would be 'bad' too.
 - c. Nobody likes a hunchback for a friend.
 - d. Philip would feel too shy to become Tom's friend because he has a hunchback.

Name:

Teacher's signature:

Class: IX

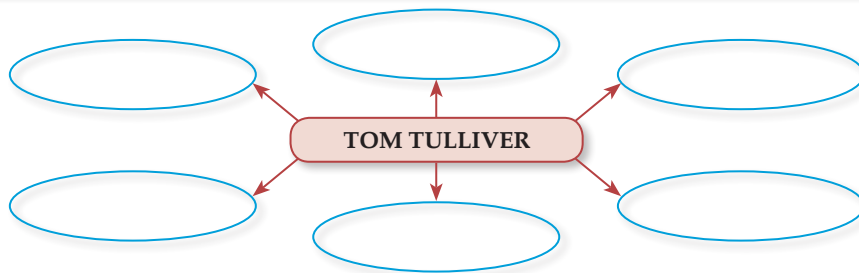
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3. What problem of identity does Yashika face in the poem 'Am I ... Yes I Am'?
- Yashika feels that she is an Indian but is regarded as a foreigner by the natives because of her skin colour.
 - Yashika is French but she is regarded as an Indian.
 - Yashika is Indian but is regarded as French.
 - The foreigners think Yashika is like them because of her skin colour but she regards herself as a native.

C. What is a label? Do you think labelling people is justified? Give reasons for your answer.

D. Based on your understanding of Tom's character, fill in the word web with words from the box.

timid submissive energetic biased opinionated friendly easy-going bossy mocking appreciative



E. For each of these situations, identify the correct response from the options given below.

1. Your friend tells you that her father is a nurse in a hospital. She looks embarrassed.

- You feel embarrassed too and look away.
- You say, "That's great! There should be more men in the nursing profession."
- You smile and tell her not to feel embarrassed. Her father will surely find a better job.
- You laugh out aloud as you think your friend must be joking. Only women can be nurses.

2. An American finds it rude when his offer to shake hands is responded to with a 'namaste'.

- You apologize on behalf of the person who does 'namaste'.
- You smile and point out that it is a matter of cultural difference and that there is nothing rude about it.
- You indignantly point out to the American that it is perfectly alright to do a 'namaste'.
- You try to make the person understand why her response was rude and encourage her to shake hands.