





## Activities

- A** Work in eight groups and find out about the dance forms and handicrafts of each state in northeast India. Present the information as a chart. Include pictures and say how each handicraft is unique.

◀ Collaboration, Application of Knowledge

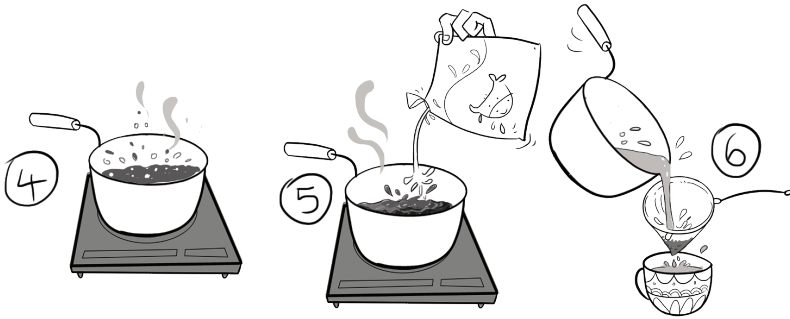
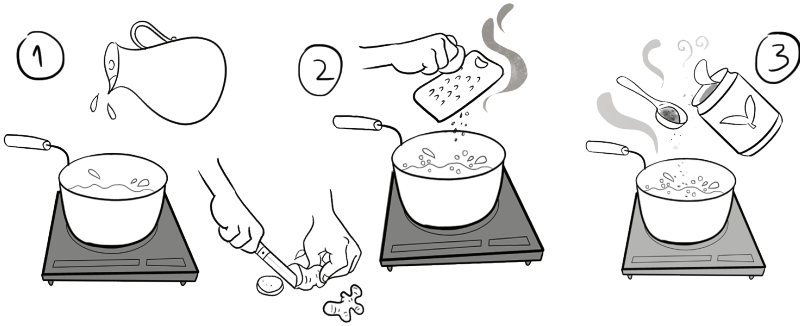
- B** Work in pairs. Choose any two places in India and find out how you can travel between them. Give reasons. Then, complete this table with the information.

◀ Conceptual Understanding

Means of transport	Possible to travel (✓ or X)	Time taken to travel	Cost of a ticket
			
			
			
			

**C** Look at these pictures and describe the process. Then, classify each thing used as a natural or man-made resource.

◀ **Multidisciplinary Approach, Life Skills, Conceptual Understanding, Communication**



- D** Complete this table about important environment days with the correct dates and names. Find about five more such days and add the details in the table. Then, make a poster on one of these days.

◀ Multidisciplinary Approach, Creativity

IMPORTANT ENVIRONMENT DAYS		
3 March	International Day of Forests	23 March
Earth Day	5 June	World Oceans Day
4 October		

- E** Talk to your family and find out how means of communication have changed over the years. Present your findings in a table. Include details about how people communicated, who they communicated with, how much time it took, what it cost and so on.

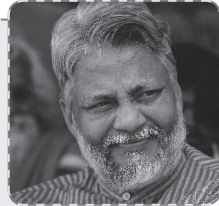
◀ Conceptual Understanding, Communication

- F** Look at these two pictures and read the information. Work in pairs and write down five questions you would like to ask each of these people.

◀ Critical Thinking

**Rajendra Singh**, Waterman of India

- 62 years, Rajasthan
- saving water in the Thar Desert
- Magsaysay Award, Stockholm Water Prize
- built 8600 water storage tanks in 37 years



**Arun Krishnamurthy**, founder of Environmentalist Foundation of India

- 36 years, Tamil Nadu
- cleaning lakes all over India
- Rolex Award for Enterprise
- cleaned 141 lakes in 15 states in 14 years

- G** Say and write each of these words in as many languages as you can. Ask your classmates to identify each language.

◀ Application of Knowledge, Multidisciplinary Approach

give sleep hungry yes no home

Work in pairs to say and write these words in the twenty-two official languages of India.

- H Study this table and answer the questions. Then, work in pairs to find the name of each food item in your mother tongue.

◀ Multidisciplinary Approach, Critical Thinking

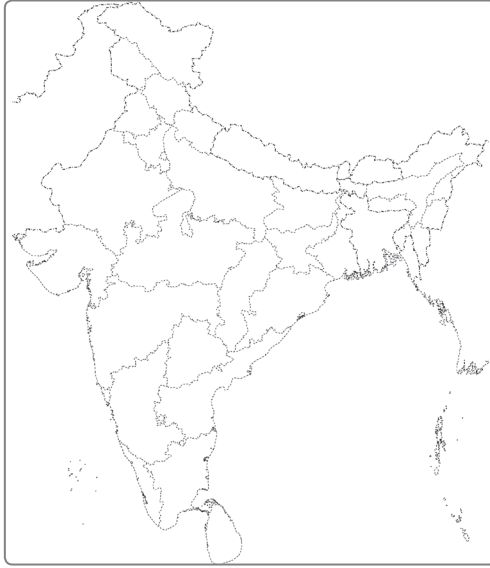
Food / per 100 g	Protein (g)	Fibre (g)	Minerals (g)	Iron (mg)	Calcium (mg)
Sorghum	10	4	1.6	2.6	54
Pearl millet	10.6	1.3	2.3	16.9	38
Finger millet	7.3	3.6	2.7	3.9	344
Foxtail millet	12.3	8	3.3	2.8	31
Proso millet	12.5	2.2	1.9	0.8	14
Kodo millet	8.3	9	2.6	0.5	27
Little millet	7.7	7.6	1.5	9.3	17
Barnyard millet	11.2	10.1	4.4	15.2	11
Brown top millet	11.5	12.5	4.2	0.65	0.01

1. What information does this table represent?
2. Which millet has the most protein?
3. Which millet has the most fibre?
4. Which millet has the most minerals?
5. Which millet has the most iron?
6. Which millet has the most calcium?
7. Which millet has the highest nutritional value?
8. Which millet has the lowest nutritional value?
9. What is the total nutritional value of 100 g pearl millet?
10. What is the total nutritional value of 100 g sorghum?

**Remember: 1000 mg = 1 g**

- 1 Imagine that you are one of the rivers in India. Trace your course in this map and talk about your journey through the country. Name the states you pass through.

◀ Conceptual Understanding, Application of Knowledge



- 2 Work in pairs and take turns to define these terms. Explain the difference between each with examples.

◀ Conceptual Understanding, Communication

- |                        |                             |
|------------------------|-----------------------------|
| 1. weather and climate | 3. cereals and pulses       |
| 2. cloth and clothes   | 4. fertilizer and pesticide |

ACKNOWLEDGEMENTS

The following pertains to all maps in this book.

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1. The responsibility for the correctness of internal details rests with the publisher.
2. The territorial waters of India extend into the sea to a distance of twelve nautical miles measured from the appropriate base line.
3. The administrative headquarters of Chandigarh, Haryana and Punjab are at Chandigarh.
4. The interstate boundaries amongst Arunachal Pradesh, Assam and Meghalaya shown on the maps are as interpreted from the "North-Eastern Areas (Reorganisation) Act, 1971," but have yet to be verified.
5. The external boundaries and coastlines of India are based on the Record/Master Copy of Survey of India.
6. The state boundaries between Uttar Pradesh & Uttarakhand, Bihar & Jharkhand, Madhya Pradesh & Chhattisgarh and Andhra Pradesh & Telangana have not been verified by the Governments concerned.
7. The spellings of names in the maps, have been taken from various sources.
8. The scale given on the maps are approximate.
9. The state of Jammu & Kashmir has been divided into two Union Territories, i.e. (i) Jammu & Kashmir and (ii) Ladakh.

# Projects

- A** Work in groups and compare the harvest festivals of India. Present the information as a paragraph or in a table.

◀ Application of Knowledge, Experiential Learning

- When are they celebrated?
  - Where are they celebrated?
  - How are they celebrated?
  - What are the similarities between them?
  - What are the differences between them?
  - What are the special dishes or events?
- B** Work in pairs and answer these questions about the local self-government in your village, town or city.

◀ Conceptual Understanding, Application of Knowledge

1. Is it a gram panchayat, municipal committee or municipal corporation?
2. Who are the panch or councillors?
3. Who is the sarpanch, president or mayor?

- C** Work in groups and make a booklet on India.

◀ Collaboration, Experiential Learning

- Use a blank political map of India or draw a map of India using a stencil. Make sure that all the groups use maps of the same size.
- Choose one of these topics: clothes / food / festivals / dance and music / handicrafts / monuments
- Find out one or two main examples of the topic for any ten states.
- Draw or paste pictures on the map.
- Combine all the maps into a booklet.

- D** Do you have all five seasons in your village, town or city? List the seasons and the months in which you experience each season. Tell the class which your favourite season is and why. Then, write a short poem about your favourite season. Look at one of these poems for help.

◀ **Multidisciplinary Approach, Experiential Learning, Creativity**

